

Youth Curling

We offer several excellent programs for young curlers. The Bantam program is for curlers who are 12-16 years old, and the Junior program is for curlers who are 17-20 years old.

Anyone who wishes to observe or to try curling for the first time before committing to a membership is welcome. Please call the office (613) 722-1843 (manager@OttawaGranite.com) or David Long (613) 722-8429 (Juniors@OttawaGranite.com).to make arrangements to do so.

The cost for the program is very inexpensive (see <http://www.ottawagranite.com/membership-fees.html>), and the cost for equipment for a beginner is very low as well (less than \$100 including running shoes). A list of required equipment and suggested clothing is provided at registration.

The program runs on Saturdays from 10:30 - 12:00. Volunteer instructors help with all aspects of curling including strategy. Games are played from randomly selected players. The program is run by volunteers. Please help out if you can!

Skill testing using the OCA awards system will take place during the whole season.

We have our 12:30 - 2:00 ice time back for curlers wishing to improve their game, get further instruction and /or form teams for competition. For more information please phone the office (613) 722-1843 (manager@OttawaGranite.com) or David Long (613) 722-8429 (Juniors@OttawaGranite.com).

1. David Long Coach / Instructor (613) 722-8429 (Juniors@Ottawagranite.com)
2. Keith Coulthart Instructor (613) 728-1607
3. Trevor Bailie Instructor (613) 721-0258
4. Ron Little Instructor (613) 733-2479
5. Gordon Holstead Instructor 596-2539
6. Tom Sinclair Coach / Instructor (613) 521-4380
7. Wendy Sinclair Instructor (613) 521-4380
8. Steve Evraire Bonspiel Coordinator

2007 - 2008 SEASON

Week	Skill	Sub - Skill 1	Sub-Skill 2 /Imposing Event
September 29	No Curling		Opening spiel and Barbeque
October 6	No Curling		Thanksgiving Weekend
October 13	Welcome (back), registration	Review of mechanics	Meet the instructors
October 20	Focus on Balance	Hack Position	Step, stretch and slide
October 27	Flashlight Curling	Focusing on the Broom	Halloween
November 3	No Curling		OVCA Junior Superspiel, Volunteers needed
November 10	Guards	Centre line, Top of the house	
November 17	Sweeping	Two gripper method	Junior Zones at Renfrew
November 24	Line of delivery	Position in hack	Target Sliding
December 1	Release	Positive Release 2 or more turns	Consistent Release Point
December 8	Communication	Team Communication	Thrower to Sweepers, Sweepers to Skip Skip to Sweepers
December 15	Fun Curling		Christmas Party
December 22	No Curling		Club closed for Christmas Holidays
December 29	Hitting	Hit and stick	Hit and roll out
January 5	Hitting	Double Takeouts	Peeling guards
January 12	Drawing	Drawing through a port	Bantam Zones in Richmond
January 19	Brooming	Both Sides	Double Gripper
January 26	No Curling		Master Regionals
February 2	Review of Mechanics	Step, Stretch and Slide	Balanced Delivery
February 9	Social Curling	Bring a fiend day	
February 16	No Curling due to Mega Week Activities		
February 23	Offensive Play	Freezes, tapbacks, raises	Bantam /Junior Mixed at City view
March 1	Defensive Play	Peels, First rock in the house	
March 8	Battle of the Sexes	4 end games, positions rotate	
March 15	No Curling		Men's City of Ottawa
March 22	No Curling		Club closed for Easter Holidays
March 29	Hot Shot Curling		
April 5	Hot Shot Curling		<
April 12	No Curling	Presentation of Awards	End of season party

What we offer:

October- Middle November:

1. Equipment check
2. Recommendations for new slider, broom etc
3. Balanced delivery
4. Delivery evaluation
5. Skill development

Middle November - End of December:

1. Balanced Delivery
2. Curling etiquette
3. Rule changes

January-February:

1. Game strategy
2. Bonspiel preparation
3. Team forming

March:

1. Review of year
2. Evaluation forms for parents and curlers

Considerations:

Clothing:

1. Warm comfortable clothing
2. Dress in layers
3. Mitts or curling gloves recommended

Equipment:

1. Curling broom
2. Full slider either pull on or attached to the shoe
3. A gripper for " Double Gripper Sweeping Method"

Objectives:

1. Carry on with lessons learned in little rocks
2. Improve the curlers enjoyment of the game
3. Introduce new curlers to non competitive bonspiels
4. Preparation of bantam level curlers for playing in club events at Junior level
5. Teaching rules and on ice etiquette

Typical day:

1. Come dressed and ready to curl by 10:15
2. Curlers sign the attendance sheet
3. Group warm up for 5 minutes led by one of the curlers prior to going on the ice
4. Announcements about upcoming bonspiels etc
5. Announcement of Skill to be practiced

Role of parents:

1. Provide the necessary equipment
2. Sign up on the volunteer list to prepare hot chocolate and clean up afterwards
3. Support your kids at curling events